

Mental Health & Human Services

Prepare for expanding opportunities in community-based human services with a Bachelor of Science in Mental Health and Human Services. Immerse yourself in a carefully structured course of study focused on community support, client assessment, case management, crisis intervention, symptom control education, client's rights, and psychosocial rehabilitation. A culminating internship gives you a chance to put your skills and knowledge to work in the context of a human service, mental health, or substance abuse rehabilitation agency.

Graduates pursue successful professional careers involving crisis stabilization, case management, counseling, psychosocial rehabilitation, income maintenance, job coaching, and other services in a variety of agencies and institutions. The Bachelor's degree fulfills the state requirement for Mental Health Rehabilitation Technician/Community.

Transferable Skills & Competencies

Social Service Skills

- Handling crises
- Managing case loads
- Representing others, advocacy
- Providing psychosocial rehabilitation
- Developing (ISP's) individual service plans

Vocational Skills

- Job coaching
- Providing supported employment assistance
- Providing educational support
- Teaching life and career skills
- Administering job assistance programs

Communication Skills

- Conducting intake interviews
- Counseling
- Teaching parenting skills
- Report writing
- Interviewing

Organizational Skills

- Administering Programs
- Coordinating support services
- Maintaining records
- Preparing reports
- Identifying and solving problems



The University of Maine at Augusta

with campus locations in Augusta and Bangor,
teaching to over 100 centers and sites statewide.

Careers

UMA Mental Health and Human Services graduates with an early childhood education focus have applied their skills in several areas. The range of occupational areas is demonstrated in the list below. Some occupations listed may require additional expertise.

Health & Human Services

Mental Health Rehabilitation Technician/
Community
Case Management
Community Support Worker
Crisis Counselor
Substance Abuse Worker
Disabilities Determination Administration
Family Support Services
Art Therapist
Recreational Therapist
Nursing Home Administration

Non-Profit Service Agencies

Employment Specialist (Job Coach/Job Developer)
Program Director, Big Brothers/Big Sisters
Client Advocate
Therapist
ADA Consultant
Shelter Manager (homeless or abused women)
Social Club Director
Volunteer Coordinator
Representative Payee
Other qualified Mental Health Workers

Government

Early Childhood Services Caseworker
Vocational Rehabilitation Counselor
Community Educator
Foster Home Supervision

Education

Special Education Technician
Special Education Teacher*
Group Facilitator
School-based Case Management
Mental Health Case Management
Activities Director

* Baccalaureate or Graduate level study is generally required for these occupations.

For More Information

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621-3275 or 1-877-UMA-1234, ext. 3275

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Academic & Career Advising Center
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