

NURSING

UMA's Nursing program is designed to provide students with a solid foundation in nursing care and enable students to take the N-CLEX-RN examination for licensure as a registered nurse. In addition to nursing courses the curriculum for the Nursing program includes courses from the physical sciences, social sciences, arts and humanities. This background helps prepare students who are interested in pursuing their baccalaureate and advanced degrees.

Students who complete UMA's Nursing program often find jobs in the health care industry which includes hospitals, extended care facilities, and medical offices. Some of these job opportunities include: cardiac rehabilitation nurses, patient education coordinators, and nurse managers. A sampling of potential careers available to students who are interested in Nursing is shown on the other side of this information sheet.

Transferable Skills & Competencies

A variety of diverse skills and abilities are evident in students who have focused their educational goals in Nursing. Critical thinking and writing skills, along with an understanding of various systems (health care, biological, family, and sociological) serve nurses-and their patients well. Nurses also are expected to be able to make critical decisions, analyze various data, solve complicated problems, and work collaboratively with their peers, patients, and doctors to best meet the needs of their clients. UMA's Nursing program consistently produces caring, competent, knowledgeable professionals who provide a valuable service to their communities. Additional skills and abilities found in UMA Nurses are listed below:

Communication

- Facilitating the nurse-patient relationship
- Teaching
- Advocating
- Counseling & interviewing
- Public speaking
- Active listening
- Assessing individual needs

Technical

- Critical observations
- Understanding medical terminology
- Psychomotor skill development
- Physical stamina
- Accuracy with details
- Planning and organizing

Human Development

- Managing patients throughout lifespan
- Understanding basic human needs
- Clarifying values
- Working with families
- Sensitivity to diversity
- Working as a team player

Critical Thinking

- Utilizing the nursing process
- Working under pressure
- Setting priorities
- Applying theory to clinical practice
- Implementing and evaluating plans
- Making decisions
- Identifying ethical dilemmas



The University of Maine at Augusta

with campus locations in Augusta and Bangor,
teaching to over 100 centers and sites statewide.

Careers

The Associate degree in Nursing prepares students for entry level positions in nursing and may have application to other fields. The selected list which follows indicates a range of career possibilities. For some occupations listed below additional training may be required.

Health Care (Traditional Settings)

Staff Nurse (all areas of care)
Clinical Coordinator
Supervisor*
Charge Nurse
Advanced Practitioner*
(Nurse Practitioner, CNS, Midwife)*
Home Health Care Nurse
Office Nurse
Infection Control Nurse
Public Health Nurse
Enterostomal Therapist*
School Nurse

Health Care (Non-traditional Settings)

Case Manager
Biofeedback Therapist*
Flight Nurse
Day Care Nurse
Health Care/Nursing research*
Camp Nurse
Parish Nurse
Forensic Nurse

Education

Nurse Educator
Staff Development
School Health Coordinator
Patient Education Coordinator

* Baccalaureate or graduate level study is generally required for these occupations.

For More Information

*College of Mathematics &
Professional Studies*

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Academic & Career Advising Center

621-3149 or 1-877-UMA-1234, ext.3149

Program Coordinator: Nancy Cooley

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Admissions & Records Office

621-3140 or 1-877-UMA-1234, ext.3140

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