

University of Maine at Augusta
Bachelor of Science, MENTAL HEALTH & HUMAN SERVICES
2010-2011 Catalog

Name:

ID#:

Date:

BACHELOR'S DEGREE REQUIREMENTS:

- | | |
|--|---|
| <input type="checkbox"/> Minimum 120 Credit Hours | <input type="checkbox"/> 30 credits hours of Residency courses |
| <input type="checkbox"/> Writing Intensive Course | <input type="checkbox"/> 9 credits of Major Upper-Level Residency courses |
| <input type="checkbox"/> Minimum Cumulative G.P.A.: 2.00 | <input type="checkbox"/> Minimum G.P.A. in the Major: 2.00 |

BASIC SKILLS REQUIREMENT: All required placement examinations and/or academic assessments must be completed prior to any course registration. To ensure that students have the best possible opportunity to succeed in their major, students testing into developmental coursework are advised to **complete the recommended courses within the first semesters of attendance.**

Not Required Recommended: ENG _____ REA _____ MAT _____ Completed

PROGRAM MAJOR REQUIREMENTS (63 credit hours):

SELECT ONE OF THE FOLLOWING (27):

- | | |
|---|---|
| <input type="checkbox"/> HUS 101 Introduction to Human Services (3) | <input type="checkbox"/> Mental Health & Human Service Electives* |
| <input type="checkbox"/> HUS 125 Chemical Dependency (3) | _____ |
| <input type="checkbox"/> HUS 212 Case Management (3) | _____ |
| <input type="checkbox"/> HUS 305 Group Process (3) | _____ |
| <input type="checkbox"/> HUS 308 Assessment and Planning (3) | <input type="checkbox"/> Addiction Counseling Concentration* |
| <input type="checkbox"/> HUS 330 Interviewing and Counseling (3) | _____ |
| <input type="checkbox"/> HUS 349 Supervision in Health and Human Services (3) | _____ |
| <input type="checkbox"/> HUS 460 Internship Seminar (2) | _____ |
| <input type="checkbox"/> Internship in Mental Health and Human Services (12) | <input type="checkbox"/> Child and Family Services Concentration* |
| _____HUS 461 (6) & _____HUS 462 (6) | _____ |
| OR | _____ |
| _____HUS 463 (12) | _____ |

GENERAL EDUCATION REQUIREMENTS (43-44 credit hours):

- | | |
|--|--|
| <input type="checkbox"/> _____ Communications* (3) | <input type="checkbox"/> _____ One of the following (3): |
| <input type="checkbox"/> ENG 101 College Writing (3) | <i>MAT 115 Elementary Statistics I</i> |
| <input type="checkbox"/> ENG 102W Introduction to Literature (3) | <i>SSC 320 Research Methods in Social Science</i> |
| <input type="checkbox"/> ENG 317W Professional Writing (3) | <input type="checkbox"/> _____ Laboratory Science* (4) |
| <input type="checkbox"/> _____ Fine Arts* (3) | <input type="checkbox"/> _____ Descriptive or Lab Science* (3-4) |
| <input type="checkbox"/> _____ Humanities* (3) | <input type="checkbox"/> PSY 100 Introduction to Psychology (3) |
| <input type="checkbox"/> MAT 100 Mathematics and Its Applications
(_____ or higher-level math course) | <input type="checkbox"/> PSY 308 Human Development (3) |
| | <input type="checkbox"/> SOC 101 Introduction to Sociology (3) |
| | <input type="checkbox"/> SOC 201 Social Problems (3) |

GENERAL ELECTIVES (15 credit hours):

Advising Notes:

Confer with your advisor about certification for adult mental health services and children's services.

Upon Completion of the Bachelor of Science in Mental Health and Human Services, students will be granted the Mental Health Rehabilitation Technician/Community Certification.

* Course options listed on the back...

Concentration Requirements (27)

Addiction Counseling Concentration

- HUS 232 Crisis Counseling (3)
 - HUS 326 Chemical Dependency Counseling (3)
 - HUS 331 Substance Abuse Counseling for Special Pop. (3)
 - PSY 229 Models of Addiction (3)
 - SSC 318 Adolescence, Substance Abuse and Criminality (3)
 - SSC 332 Addiction and the Family (3)
- Program Major Electives (9):
 _____ _____ _____

Child and Family Services Concentration

- HUS 220 Child Mental Health (3)
 - HUS 323 Infant Mental Health (3)
 - _____ One of the following (3):
HUS 328 Creative Development & Art for Young Children
PSY 302 Psychology of Childhood
 - HUS 352 Interventions for Families with Children (3)
 - PSY 345 Problems and Interventions in Childhood (3)
 - _____ One of the following (3):
SOC 360 Sociology of the Family
JUS 307 Violence in the Family
- Program Major Electives (9):
 _____ _____ _____

Mental Health & Human Service Electives

- HUS 130 Developmental Disabilities
- HUS 134 Cultural Competency for the Helping Professions
- HUS 160 Perspectives on Infants, Toddlers and Young Children
- HUS 215 Introduction to Therapeutic Activities
- HUS 218 Community Mental Health Care
- HUS 220 Child Mental Health
- HUS 221 Adolescent Mental Health
- HUS 222 Psychosocial Rehabilitation
- HUS 224 Fundamentals of Community Practice and Involvement
- HUS 232 Crisis Counseling
- HUS 233 Sexual Abuse and Trauma
- HUS 236 Foundations of Vocational Rehab (*recommended*)
- HUS 240 Social Services for the Elderly
- HUS 261 Early Childhood Curriculum
- HUS 323 Infant Mental Health
- HUS 326 Chemical Dependency Counseling
- HUS 328 Creative Development and Art for Young Children
- HUS 331 Substance Abuse Counseling for Special Populations
- HUS 350 Mental Health and Aging
- HUS 352 Interventions for Families with Children
- HUS 416 Applied Professional Ethics for Human Services
- HUS436E Counseling for Co-Occurring Mental Disorders and Addiction
- JUS 307 Violence in the Family
- PSY 315 Transpersonal Psychology
- PSY 345 Problems and Interventions in Childhood
- PSY 400 Abnormal Psychology
- SOC 319 Social Gerontology
- SOC 340 Sociology of Minorities
- SSC 318 Adolescence, Substance Abuse, and Criminality
- SSC 332 Addiction and the Family
- SSC/JUS 450 Conflict Resolution

General Education Requirements

Communication

- COM 101 Public Speaking
- COM 102 Interpersonal Communications
- COM 104 Communication in Groups & Organizations
- COM 106 Oral Communication of Literature

Fine Arts

- ARH 105 History of Art & Architecture I
- ARH 106 History of Art & Architecture II
- DRA 101 Introduction to Theatre
- DRA 265 The American Movie
- DRA 280 Introduction to Films
- INT 129 Understanding the Arts
- MUS 123 Understanding Music
- MUS 160 World Music
- MUS 180 Women and Music
- MUS 225 The Mysterious Power of Music
- MUS 227 Music of the Classical Era: Haydn, Mozart, Beethoven
- MUS 333 History & Literature of Music I
- MUS 334 History & Literature of Music II
- MUS 337 Tradition and Innovation: Western Art Music Since the Romantics

Humanities

- AME/WST 304 American Girls: Identity, Culture, & Empowerment
- ARH xxx any art history course
- DRA 101 Introduction to Theatre
- DRA 265 The American Movie
- DRA 280 Introduction to Films
- ENG xxx any literature course
- HTY xxx any history course
- HUM xxx any humanities course
- INT 129 Understanding the Arts
- MUS 110 Popular Music
- MUS 117 The Dream Machine: A History of Rock & Roll
- MUS 123 Understanding Music
- MUS 124 Music of the Twentieth Century
- MUS 131 Survey of Jazz & Contemporary Music
- MUS 160 World Music
- MUS 180 Women and Music
- MUS 223 Music of the United States
- MUS 333 History & Literature of Music I
- MUS 334 History & Literature of Music II
- PHI xxx any philosophy course
- POS 390 Survey of Political Theory
- WST 101W Introduction to Women's Studies

Laboratory & Descriptive Science Courses

Students must complete one science course with a laboratory component for a total of 4 credit hours plus an additional science course with/without a lab.

Students are encouraged to contact their faculty advisor and the Advising Center for academic advising and support services throughout their stay at UMA.

Approved to Receive Degree

Enrollment Services

Date

College Dean

Date