

University of Maine at Augusta  
**Bachelor of Science, MENTAL HEALTH & HUMAN SERVICES**  
College of Professional Studies  
2011-2012 Catalog

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Name: \_\_\_\_\_ ID#: \_\_\_\_\_ Date: \_\_\_\_\_

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**BACHELOR'S DEGREE REQUIREMENTS:**

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| <input type="checkbox"/> Minimum 120 Credit Hours        | <input type="checkbox"/> 30 Credit Hours of Residency courses             |
| <input type="checkbox"/> Writing Intensive Course        | <input type="checkbox"/> 9 Credits of Major Upper-Level Residency courses |
| <input type="checkbox"/> Minimum Cumulative G.P.A.: 2.00 | <input type="checkbox"/> Minimum G.P.A. in the Major: 2.00                |
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**Basic Skills Requirement:** All required placement examinations and/or academic assessments must be completed prior to any course registration. To ensure that students have the best possible opportunity to succeed in their major, students testing into developmental coursework are advised to **complete the recommended courses within the first semesters of attendance.**

Not Required  Recommended: ENG \_\_\_\_\_ REA \_\_\_\_\_ MAT \_\_\_\_\_  Completed

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**PROGRAM MAJOR REQUIREMENTS (63 credit hours):**

- HUS 101 Introduction to Human Services (3)
- HUS 125 Chemical Dependency (3)
- HUS 212 Case Management (3)
- HUS 218 Community Mental Health (3)
- HUS 305 Group Process (3)
- HUS 308 Assessment and Planning (3)
- HUS 330 Interviewing and Counseling (3)
- HUS 349 Supervision in Health and Human Services (3)
- HUS 460 Internship Seminar (2)
- Internship in Mental Health and Human Services (12)  
\_\_\_\_\_ HUS 461 (6) & \_\_\_\_\_ HUS 462 (6)
- or**
- \_\_\_\_\_ HUS 463 (12)

- Select One of the Following Pathways (24):**  
*(requirements continued on following page)*
- Mental Health & Human Service Electives\*
  - Addiction Counseling Concentration\*
  - Child & Family Services Concentration\*
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**GENERAL EDUCATION REQUIREMENTS (43-44 credit hours):**

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|--|---|
| <input type="checkbox"/> _____ Communications* (3)   | <input type="checkbox"/> _____ One of the following (3):<br><i>MAT 115 Elementary Statistics I</i><br><i>SSC 320 Research Methods in Social Science</i> |
| <input type="checkbox"/> ENG 101 College Writing (3)   | <input type="checkbox"/> _____ Laboratory Science* (4)  |
| <input type="checkbox"/> ENG 102W Introduction to Literature (3)   | <input type="checkbox"/> _____ Descriptive or Lab Science* (3-4)  |
| <input type="checkbox"/> ENG 317W Professional Writing (3)   | <input type="checkbox"/> PSY 100 Introduction to Psychology (3)   |
| <input type="checkbox"/> _____ Fine Arts* (3)  | <input type="checkbox"/> PSY 308 Human Development (3)  |
| <input type="checkbox"/> _____ Humanities* (3)   | <input type="checkbox"/> SOC 101 Introduction to Sociology (3)  |
| <input type="checkbox"/> MAT 100 Mathematics and Its Applications<br>(_____ <i>or higher-level math course</i> ) | <input type="checkbox"/> SOC 201 Social Problems (3)  |
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**General Electives (15 credit hours):**

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**Advising Notes:**

Confer with your advisor about certification for adult mental health services and children's services.

**Upon Completion of the Bachelor of Science in Mental Health and Human Services, students will be granted the Mental Health Rehabilitation Technician/Community Certification.**

\* Course options continued...

Select One of the Following Pathways (24)	*Mental Health & Human Service Elective Options
<p><b>Mental Health and Human Service Electives*</b></p> <p>_____</p> <p>_____</p> <p>_____</p>	<p>HUS 130 Developmental Disabilities</p> <p>HUS 134 Cultural Competency for the Helping Professions</p> <p>HUS 160 Perspectives on Infants, Toddlers and Young Children</p> <p>HUS 215 Introduction to Therapeutic Activities</p> <p>HUS 220 Child Mental Health</p> <p>HUS 221 Adolescent Mental Health</p> <p>HUS 222 Psychosocial Rehabilitation</p> <p>HUS 224 Fundamentals of Community Practice and Involvement</p> <p>HUS 232 Crisis Counseling</p> <p>HUS 233 Sexual Abuse and Trauma</p> <p>HUS 236 Foundations of Vocational Rehab (<i>recommended</i>)</p> <p>HUS 240 Social Services for the Elderly</p> <p>HUS 261 Early Childhood Curriculum: Early Learning Environments</p> <p>HUS 263 Family Interactions</p> <p>HUS/SSC 318 Adolescence, Substance Abuse, and Criminality</p> <p>HUS 323 Infant Mental Health</p> <p>HUS 326 Chemical Dependency Counseling</p> <p>HUS 328 Creative Development and Art for Young Children</p> <p>HUS 331 Substance Abuse Counseling for Special Populations</p> <p>HUS/SSC 332 Addiction and the Family</p> <p>HUS 350 Mental Health and Aging</p> <p>HUS 352 Interventions for Families with Children</p> <p>HUS 416 Applied Professional Ethics for Human Services</p> <p>HUS436E Counseling for Co-Occurring Mental Disorders &amp; Addiction</p> <p>JUS 307 Violence in the Family</p> <p>PSY 315 Transpersonal Psychology</p> <p>PSY 345 Problems and Interventions in Childhood</p> <p>PSY 400 Abnormal Psychology</p> <p>SOC 319 Social Gerontology</p> <p>SOC 340 Sociology of Minorities</p> <p>SSC/JUS 450 Conflict Resolution</p>
<p><b>Addiction Counseling Concentration</b></p> <p><input type="checkbox"/> HUS/PSY 229 Models of Addiction (3)</p> <p><input type="checkbox"/> HUS 232 Crisis Counseling (3)</p> <p><input type="checkbox"/> HUS/SSC 318 Adolescence, Sub. Abuse &amp; Criminality (3)</p> <p><input type="checkbox"/> HUS 326 Chemical Dependency Counseling (3)</p> <p><input type="checkbox"/> HUS 331 Substance Abuse Counseling for Special Pop. (3)</p> <p><input type="checkbox"/> HUS/SSC 332 Addiction and the Family (3)</p> <p>Program Major Electives *(6):</p> <p><input type="checkbox"/> _____ <input type="checkbox"/> _____</p>	
<p><b>Child and Family Services Concentration</b></p> <p><input type="checkbox"/> HUS 220 Child Mental Health (3)</p> <p><input type="checkbox"/> HUS 323 Infant Mental Health (3)</p> <p><input type="checkbox"/> _____ One of the following (3):</p> <p><i>HUS 328 Creative Development &amp; Art for Young Children</i></p> <p><i>PSY 302 Psychology of Childhood</i></p> <p><input type="checkbox"/> HUS 352 Interventions for Families with Children (3)</p> <p><input type="checkbox"/> PSY 345 Problems and Interventions in Childhood (3)</p> <p><input type="checkbox"/> _____ One of the following (3):</p> <p><i>SOC 360 Sociology of the Family</i></p> <p><i>JUS 307 Violence in the Family</i></p> <p>Program Major Electives *(6):</p> <p><input type="checkbox"/> _____ <input type="checkbox"/> _____</p>	

Course options continued...

**General Education Requirements**

Communication	Humanities
COM 101 Public Speaking COM 102 Interpersonal Communications COM 104 Communication in Groups & Organizations COM 106 Oral Communication of Literature	AME/WST 304 American Girls: Identity, Culture, & Empowerment ARH xxx any art history course DRA 101 Introduction to Theatre DRA 265 The American Movie DRA 280 Introduction to Films ENG xxx any literature course HTY xxx any history course HUM xxx any humanities course INT 129 Understanding the Arts MUS 110 Popular Music MUS 117 The Dream Machine: A History of Rock & Roll MUS 123 Understanding Music MUS 124 Music of the Twentieth Century MUS 160 World Music MUS 190 Women in Western Music MUS 223 Music of the United States MUS 333 History & Literature of Music I MUS 334 History & Literature of Music II PHI xxx any philosophy course POS 390 Survey of Political Theory WST 101W Introduction to Women's Studies
Fine Arts	
ARH 105 History of Art & Architecture I ARH 106 History of Art & Architecture II DRA 101 Introduction to Theatre DRA 265 The American Movie DRA 280 Introduction to Films INT 129 Understanding the Arts MUS 123 Understanding Music MUS 160 World Music MUS 190 Women in Western Music MUS 225 The Mysterious Power of Music MUS 227 Music of the Classical Era: Haydn, Mozart, Beethoven MUS 333 History & Literature of Music I MUS 334 History & Literature of Music II MUS 337 Tradition and Innovation: Western Art Music Since the Romantics	
Laboratory & Descriptive Science Courses	
Students must complete one science course with a laboratory component for a total of 4 credit hours plus an additional science course with/without a lab.	

Students are encouraged to contact their faculty advisor and the Advising Center for academic advising and support services throughout their stay at UMA.

Approved to Receive Degree

Enrollment Services

Date

College Dean

Date