

The University of Maine at Augusta
 A Member of the University of Maine System
Associate of Science, Mental Health and Human Services
 (62 credit hours)

Name _____ Soc Sec # _____ Date _____

*This sheet is intended to be informational only.
 Students must consult with an academic advisor prior to registration*

In effect for students admitted to Fall 2007

BASIC SKILLS REQUIREMENTS

All required placement examinations and/or academic assessments must be completed prior to any course registration. To ensure that students have the best possible opportunity to succeed in their major, students testing into developmental coursework are advised to **complete the recommended courses within the first semesters of attendance.**

Not Required	Recommended Course(s)	Completed
<input type="checkbox"/>	<input type="checkbox"/> ENG 0XX _____	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/> REA 0XX _____	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/> MAT 0XX _____	<input type="checkbox"/>

You must complete the following as requirements for your degree:

All UMA students are required to take at least one writing intensive course. Writing intensive courses are marked with . Additional courses may also meet this requirement. Check with your academic advisor.

GENERAL EDUCATION REQUIREMENTS

COMMUNICATIONS (3 credit hours) *Choose one of the following:*

- _____ COM 101: Public Speaking
- _____ COM 102: Interpersonal Communications
- _____ COM 104: Communication in Groups and Organizations
- _____ COM 106: Oral Communication of Literature

ENGLISH (3 credit hours)

- _____ ENG 101: College Writing

FINE ARTS (3 credit hours) *Choose one of the following:*

- _____ ARH 105: History of Art and Architecture I
- _____ ARH 106: History of Art and Architecture II
- _____ ART 211: Art Theory
- _____ DRA 101: Introduction to Theatre
- _____ DRA 265: The American Movie
- _____ DRA 280: Introduction to Films
- _____ INT 129: Introduction to the Arts
- _____ MUS 123: Understanding Music
- _____ MUS 160: World Music
- _____ MUS 180: Women and Music
- _____ MUS 333: History and Literature of Music I
- _____ MUS 334: History and Literature of Music II

HUMANITIES (3 credit hours) *Choose one of the following:*

- _____ ENG 102W: Introduction to Literature
- _____ WST 101W: Introduction to Women's Studies

MATHEMATICS (3 credit hours)

- _____ MAT 100: Mathematics and Its Applications (*or higher-level mathematics*)

SCIENCE (4 credit hours)

- _____ XXX xxx: any laboratory science course

SOCIAL SCIENCE (12 credit hours)

- _____ PSY 100: Introduction to Psychology
_____ PSY 308: Human Development
_____ SOC 101: Introduction to Sociology
_____ **SOC 201: Social Problems or HUS 134: Cultural Competence in the
Helping Professions

PROGRAM MAJOR REQUIREMENTS

MENTAL HEALTH AND HUMAN SERVICES (28 credit hours)

- _____ HUS 101: Introduction to Social Service Systems
** _____ PSY 330: Interviewing and Counseling
_____ COL 214: Professionalism in the Workplace
_____ HUS 204: Practicum, *should be taken during last semester of course work*

and choose one of the following:

- ** _____ PSY 218: Community Mental Health Care
◇ _____ HUS 220: Child Mental Health

and choose one of the following:

- ** _____ PSY 220: Psychosocial Rehabilitation
◇ _____ HUS 130: Developmental Disabilities

and choose one of the following:

- ** _____ PSY 232: Crisis Counseling
◇ _____ HUS 221: Adolescent Mental Health

and choose two of the following:

- _____ HUS 125: Chemical Dependency
◇ _____ HUS 160: Perspectives on Infants, Toddlers, and Young Children
* _____ HUS 212: Case Management
◇ _____ HUS 215: Introduction to Therapeutic Activities
_____ HUS 224: Fundamentals of Community Practice & Involvement
* _____ HUS 233: Sexual Abuse and Trauma
◇ _____ HUS 261: Early Childhood Curriculum
* _____ HUS 326: Chemical Dependency Counseling **OR** * SSC 331: Substance
Abuse Counseling for Special Populations
* _____ PSY 350: Mental Health and Aging
_____ SOC 305: Group Process

GENERAL ELECTIVES

GENERAL ELECTIVES (3 credit hours)

** required for provisional MHRT/C certification

* & ** Courses listed for full Mental Health Rehab Technician/Community Certification for Adult
Mental Health Services

◇ Courses required for the State Behavioral Specialist 1 designation for Child Mental Health Services
awarded by the state of Maine and also for Head Start teaching.

APPROVED TO RECEIVE DEGREE: Associate of Science, Mental Health & Human Services

Records Office

Date

College Dean

Date

**Students are encouraged to contact their faculty advisor and the Advising Center
for academic advising and support services throughout their stay at UMA.**
