

The University of Maine at Augusta
 A Member of the University of Maine System
Bachelor of Science, MENTAL HEALTH & HUMAN SERVICES
 (120-121 credit hours)

Name _____ Soc Sec # _____ Date _____

This sheet is intended to be informational only.
Students must consult with an academic advisor prior to registration.

In effect for students admitted to Fall 2007

BASIC SKILLS REQUIREMENTS

All required placement examinations and/or academic assessments must be completed prior to any course registration. To ensure that students have the best possible opportunity to succeed in their major, students testing into developmental coursework are advised to **complete the recommended courses within the first semesters of attendance.**

Not Required	Recommended Course(s)	Completed
<input type="checkbox"/>	<input type="checkbox"/> ENG 0XX _____	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/> REA 0XX _____	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/> MAT 0XX _____	<input type="checkbox"/>

You must complete the following as requirements for your degree:

All UMA students are required to take at least one writing intensive course. Writing intensive courses are marked with . Additional courses may also meet this requirement. Check with your academic advisor.



GENERAL EDUCATION REQUIREMENTS

- COMMUNICATIONS (3 credit hours) **Choose one of the following:**
 - _____ COM 101: Public Speaking
 - _____ COM 102: Interpersonal Communications
 - _____ COM 104: Communication in Groups and Organizations
 - _____ COM 106: Oral Communication of Literature

- ENGLISH (6 credit hours)
 - _____ ENG 101: College Writing
 - _____ ENG 317W: Advanced Technical Communication

- FINE ARTS (3 credit hours) **Choose one of the following:**
 - _____ ARH 105: History of Art and Architecture I
 - _____ ARH 106: History of Art and Architecture II
 - _____ ART 211: Art Theory
 - _____ DRA 101: Introduction to Theatre
 - _____ DRA 265: The American Movie
 - _____ DRA 280: Introduction to Films
 - _____ INT 129: Understanding the Arts
 - _____ MUS 123: Understanding Music
 - _____ MUS 160: World Music
 - _____ MUS 180: Women and Music
 - _____ MUS 333: History and Literature of Music I
 - _____ MUS 334: History and Literature of Music II

HUMANITIES (6 credit hours)

- _____ ENG 102W: Introduction to Literature
and choose one of the following:
_____ ARH xxx: any art history course
_____ ART 211: Art Theory
_____ DRA 101: Introduction to Theatre
_____ DRA 265: The American Movie
_____ DRA 280: Introduction to Films
 _____ ENG xxx: any literature course
_____ HTY xxx: any history course
_____ HUM xxx: any humanities course
_____ MUS 110: Popular Music
_____ MUS 113: Music for Films, TV, and Ads
_____ MUS 117: The Dream Machine: A History of Rock and Roll
_____ MUS 120: Listening to Orchestral Music
_____ MUS 123: Understanding Music
_____ MUS 124: Music of the Twentieth Century
_____ MUS 131: Survey of Jazz and Contemporary Music
_____ MUS 160: World Music
_____ MUS 180: Women and Music
_____ MUS 223: Music of the United States
_____ MUS 333: History and Literature of Music I
_____ MUS 334: History and Literature of Music II
_____ PHI xxx: any philosophy course
 _____ POS 390: Survey of Political Theory
_____ WST 101W: Introduction to Women's Studies

MATHEMATICS (6 credit hours)

- _____ MAT 100: Math and Its Applications (*or higher-level mathematics*)
and choose one of the following:
_____ MAT 115: Elementary Statistics I
_____ SSC 320: Research Methods in the Social Sciences

SCIENCE (7-8 credit hours)

- _____ XXX xxx: any descriptive science course
_____ XXX xxx: any laboratory science course

SOCIAL SCIENCE (12 credit hours)

- _____ PSY 100: Introduction to Psychology
_____ PSY 308: Human Development
_____ SOC 101: Introduction to Sociology
* _____ SOC 201: Social Problems

PROGRAM MAJOR REQUIREMENTS

MENTAL HEALTH & HUMAN SERVICES (21 credit hours)

- _____ HUS 101: Introduction to Social Service Systems
_____ HUS 125: Chemical Dependency
* _____ HUS 212: Case Management
_____ HUS 308: Assessment and Planning
_____ HUS 349: Supervision in Health and Human Services
* _____ PSY 330: Interviewing and Counseling
* _____ SOC 305: Group Process

MENTAL HEALTH & HUMAN SERVICES MAJOR

PROGRAM MAJOR ELECTIVES (27 credit hours) *choose 9 courses from the following:*

- _____ HUS 124: Fundamentals of Community Practice and Involvement
- _____ HUS 130: Developmental Disabilities
- _____ HUS 160: Perspectives on Infants
- _____ HUS 215: Introduction to Therapeutic Activities
- _____ HUS 220: Child Mental Health
- _____ HUS 221: Adolescent Mental Health
- * _____ HUS 233: Sexual Abuse and Trauma
- _____ HUS 240: Social Services for the Elderly
- _____ HUS 261: Early Childhood Curriculum
- _____ HUS 323: Infant Mental Health
- * _____ HUS 326: Chemical Dependency Counseling
- _____ HUS 328: Creative Development and Art for Young Children
- _____ HUS 352: Interventions for Families with Children
- _____ JUS 277: Violence in the Family
- * _____ PSY 218: Community Mental Health Care
- * _____ PSY 220: Psychosocial Rehabilitation
- * _____ PSY 232: Crisis Counseling
- _____ PSY 315: Transpersonal Psychology
- _____ PSY 345: Problems and Interventions in Childhood
- * _____ PSY 350: Mental Health and Aging
- _____ PSY 400: Abnormal Psychology
- _____ SOC 319: Social Gerontology
- * _____ SOC 340: Sociology of Minorities
- _____ SSC 318: Adolescence, Substance Abuse, and Criminality
- * _____ SSC 331: Substance Abuse Counseling for Special Populations
- _____ SSC 332: Addiction and the Family
- _____ SSC 450: Conflict Resolution

SENIOR YEAR INTERNSHIPS

- _____ HUS 460: Internship Seminar
- and choose one of the following options:**
- _____ HUS 461: Internship in Mental Health & Human Services
- and**
- _____ HUS 462: Internship in Mental Health & Human Services
- or**
- _____ HUS 463: Internship in Mental Health & Human Services

GENERAL ELECTIVES (15 credit hours)

OR

ADDICTION COUNSELING CONCENTRATION

ADDICTION STUDIES (18 credit hours)

- * _____ HUS 326: Chemical Dependency Counseling
- _____ PSY 229: Models of Addiction
- * _____ PSY 232: Crisis Counseling
- _____ SSC 318: Adolescence, Substance Abuse and Criminality
- * _____ SSC 331: Substance Abuse Counseling for Special Populations
- _____ SSC 332: Addiction and the Family

PROGRAM MAJOR ELECTIVES (9 credit hours) *choose 3 courses from the following:*

- _____ HUS 124: Fundamentals of Community Practice and Involvement
- _____ HUS 130: Developmental Disabilities
- _____ HUS 160: Perspectives on Infants
- _____ HUS 215: Introduction to Therapeutic Activities
- _____ HUS 220: Child Mental Health
- _____ HUS 221: Adolescent Mental Health
- * _____ HUS 233: Sexual Abuse and Trauma
- _____ HUS 240: Social Services for the Elderly
- _____ HUS 261: Early Childhood Curriculum
- _____ HUS 323: Infant Mental Health
- _____ HUS 328: Creative Development and Art for Young Children
- _____ HUS 352: Interventions for Families with Children
- _____ JUS 277: Violence in the Family
- * _____ PSY 218: Community Mental Health Care
- * _____ PSY 220: Psychosocial Rehabilitation
- _____ PSY 315: Transpersonal Psychology
- _____ PSY 345: Problems and Interventions in Childhood
- * _____ PSY 350: Mental Health and Aging
- _____ PSY 400: Abnormal Psychology
- _____ SOC 319: Social Gerontology
- * _____ SOC 340: Sociology of Minorities
- _____ SSC 450: Conflict Resolution

SENIOR YEAR INTERNSHIPS

- _____ HUS 460: Internship Seminar
- and choose one of the following options:**
- _____ HUS 461: Internship in Mental Health & Human Services
- and**
- _____ HUS 462: Internship in Mental Health & Human Services
- or**
- _____ HUS 463: Internship in Mental Health & Human Services

GENERAL ELECTIVES (15 credit hours)

*** Courses listed for Mental Health Rehab Technician/Community Certification**

Upon completion of the Bachelor of Science in Mental Health & Human Services, students will be granted Mental Health Rehabilitation Technician/Community certification.

APPROVED TO RECEIVE DEGREE: Bachelor of Science, Mental Health & Human Services

Records Office

Date

College Dean

Date

Students are encouraged to contact their faculty advisor and the Advising Center for academic advising and support services throughout their stay at UMA.
