

University of Maine at Augusta

A Member of the University of Maine System

Bachelor of Science, MENTAL HEALTH & HUMAN SERVICES

(120-121 credit hours)

NAME: _____ STUDENT ID: _____ DATE: _____

This sheet is intended to be information only. Students must consult with an academic advisor prior to registration.

In effect for Students admitted to Fall 2008

BASIC SKILLS REQUIREMENTS

All required placement examinations and/or academic assessments must be completed prior to any course registration. To ensure that students have the best possible opportunity to succeed in their major, students testing into developmental coursework are advised to complete the recommended courses within the first semesters of attendance.

Table with 3 columns: Not Required, Recommended Course(s), Completed. Rows include ENG 0xx, REA 0xx, and MAT 0xx.

You must complete the following as required for your degree:

All UMA Students are required to take at least one writing intensive course. Writing intensive courses are marked with a pencil icon. Additional courses may also meet this requirement. Check with your academic advisor.

GENERAL EDUCATION REQUIREMENTS

- COMMUNICATIONS (3 credit hours) choose one of the following: COM 101, COM 102, COM 104, COM 106. ENGLISH (6 credit hours) ENG 101, ENG 317W. FINE ARTS (3 credit hours) choose one of the following: ARH 105, ARH 106, ART 211, DRA 101, DRA 265, DRA 280, INT 129, MUS 123, MUS 160, MUS 180, MUS 333, MUS 334. HUMANITIES (6 credit hours) ENG 102W and choose one of the following: ARH xxx, ART 211, DRA 101, DRA 265, DRA 280, ENG xxx, HTY xxx, HUM xxx, INT 129, MUS 110, MUS 117, MUS 123, MUS 124, MUS 131, MUS 160, MUS 180, MUS 223, MUS 333, MUS 334, PHI xxx, POS 390, WST 101W. MATHEMATICS (6 credit hours) MAT 100 and choose one of the following: MAT 115, SSC 320. SCIENCE (7-8 credit hours) XXX xxx. SOCIAL SCIENCE (12 credit hours) PSY 100, PSY 308, SOC 101, SOC 201.

PROGRAM MAJOR REQUIREMENTS

- MENTAL HEALTH & HUMAN SERVICES** (21 credit hours)
 - _____ HUS 101: Introduction to Social Service Systems
 - _____ HUS 125: Chemical Dependency
 - _____ HUS 212: Case Management
 - _____ HUS 308: Assessment and Planning
 - _____ HUS 349: Supervision in Health and Human Services
 - _____ PSY 330: Interviewing and Counseling
 - _____ SOC 305: Group Process

MENTAL HEALTH & HUMAN SERVICES MAJOR

- PROGRAM MAJOR ELECTIVES** (27 credit hours) *choose 9 courses from the following:*
 - _____ HUS 130: Developmental Disabilities
 - _____ HUS 160: Perspectives on Infants, Toddlers and Young Children
 - _____ HUS 215: Introduction to Therapeutic Activities
 - _____ HUS 220: Child Mental Health
 - _____ HUS 221: Adolescent Mental Health
 - _____ HUS 224: Fundamentals of Community Practice and Involvement
 - _____ HUS 233: Sexual Abuse and Trauma
 - _____ HUS 236: Foundations of Vocational Rehab
 - _____ HUS 240: Social Services for the Elderly
 - _____ HUS 261: Early Childhood Curriculum
 - _____ HUS 323: Infant Mental Health
 - _____ HUS 326: Chemical Dependency Counseling
 - _____ HUS 328: Creative Development and Art for Young Children
 - _____ HUS 352: Interventions for Families with Children
 - _____ HUS 416: Applied Professional Ethics for Human Services
 - _____ JUS 277: Violence in the Family
 - _____ PSY 218: Community Mental Health Care
 - _____ PSY 220: Psychosocial Rehabilitation
 - _____ PSY 232: Crisis Counseling
 - _____ PSY 315: Transpersonal Psychology
 - _____ PSY 345: Problems and Interventions in Childhood
 - _____ PSY 350: Mental Health and Aging
 - _____ PSY 400: Abnormal Psychology
 - _____ SOC 319: Social Gerontology
 - _____ SOC 340: Sociology of Minorities
 - _____ SSC 318: Adolescence, Substance Abuse, and Criminality
 - _____ SSC 331: Substance Abuse Counseling for Special Populations
 - _____ SSC 332: Addiction and the Family
 - _____ SSC 450: Conflict Resolution

- SENIOR YEAR INTERNSHIPS** (14 credit hours)
 - _____ HUS 460: Internship Seminar
 - and choose one of the following options:*
 - _____ HUS 461(6 cr) : Internships in Mental Health and Human Services
 - AND**
 - _____ HUS 462(6 cr): Internships in Mental Health and Human Services
 - OR**
 - _____ HUS 463 (12 cr): Internship in Mental Health and Human Services

- GENERAL ELECTIVES** (15 credit hours)
 - _____
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 - _____
 - _____

OR

ADDICTION COUNSELING CONCENTRATION

- ADDICTION STUDIES** (18 credit hours)
 - _____ HUS 326: Chemical Dependency Counseling
 - _____ PSY 229: Models of Addition
 - _____ PSY 232: Crisis Counseling
 - _____ SSC 318: Adolescence, Substance Abuse and Criminality
 - _____ SSC 331: Substance Abuse Counseling for Special Populations
 - _____ SSC 332: Addiction and the Family

- PROGRAM MAJOR ELECTIVES** (9 credit hours) *choose 3 courses from the following:*
 - _____ HUS 130: Developmental Disabilities
 - _____ HUS 160: Perspectives on Infants, Toddlers and Young Children
 - _____ HUS 215: Introduction to Therapeutic Activities
 - _____ HUS 220: Child Mental Health
 - _____ HUS 221: Adolescent Mental Health
 - _____ HUS 224: Fundamentals of Community Practice and Involvement
 - _____ HUS 233: Sexual Abuse and Trauma
 - _____ HUS 240: Social Services for the Elderly
 - _____ HUS 261: Early Childhood Curriculum
 - _____ HUS 323: Infant Mental Health
 - _____ HUS 328: Creative Development and Art for Young Children
 - _____ HUS 352: Interventions for Families with Children
 - _____ HUS 416: Applied Professional Ethics in Human Services
 - _____ JUS 277: Violence in the Family
 - _____ PSY 218: Community Mental Health Care
 - _____ PSY 220: Psychosocial Rehabilitation
 - _____ PSY 315: Transpersonal Psychology
 - _____ PSY 345: Problems and Interventions in Childhood
 - _____ PSY 350: Mental Health and Aging
 - _____ PSY 400: Abnormal Psychology
 - _____ SOC 319: Social Gerontology
 - _____ SOC 340: Sociology of Minorities
 - _____ SSC 450: Conflict Resolution

- SENIOR YEAR INTERNSHIPS** (14 credit hours)
 - _____ HUS 460: Internship Seminar
 - and choose one of the following options:*
 - _____ HUS 461(6 cr) : Internships in Mental Health and Human Services
 - AND**
 - _____ HUS 462(6 cr): Internships in Mental Health and Human Services
 - OR**
 - _____ HUS 463 (12 cr): Internship in Mental Health and Human Services

- GENERAL ELECTIVES (15 credit hours)**
 - _____
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 - _____
 - _____

OR

CHILD AND FAMILY SERVICES CONCENTRATION

- CHILDHOOD SERVICES** (18 credit hours)
 - _____ HUS 220: Child Mental Health
 - _____ HUS 323: Infant Mental Health
 - _____ HUS 328: Creative Development and Art for Young Children **OR** PSY 302: Psychology of Childhood
 - _____ HUS 352: Interventions for Families with Children
 - _____ PSY 345: Problems and Interventions in Childhood
 - _____ SOC 360: Sociology of the Family **OR** JUS 277: Violence in the Family

- PROGRAM MAJOR ELECTIVES** (9 credit hours) *choose 3 courses from the following:*
 - _____ HUS 130: Developmental Disabilities
 - _____ HUS 160: Perspectives on Infants, Toddlers and Young Children
 - _____ HUS 215: Introduction to Therapeutic Activities
 - _____ HUS 221: Adolescent Mental Health
 - _____ HUS 224: Fundamentals of Community Practice and Involvement
 - _____ HUS 233: Sexual Abuse and Trauma
 - _____ HUS 240: Social Services for the Elderly
 - _____ HUS 261: Early Childhood Curriculum
 - _____ HUS 328: Creative Development and Art for Young Children
 - _____ HUS 416: Applied Professional Ethics in Human Services
 - _____ JUS 277: Violence in the Family
 - _____ PSY 218: Community Mental Health Care
 - _____ PSY 220: Psychosocial Rehabilitation
 - _____ PSY 302: Psychology of Childhood
 - _____ PSY 315: Transpersonal Psychology
 - _____ PSY 350: Mental Health and Aging
 - _____ PSY 400: Abnormal Psychology
 - _____ SOC 319: Social Gerontology
 - _____ SOC 340: Sociology of Minorities
 - _____ SOC 360: Sociology of the Family
 - _____ SSC 450: Conflict Resolution

- SENIOR YEAR INTERNSHIPS** (14 credit hours)
 - _____ HUS 460: Internship Seminar
 - and choose one of the following options:*
 - _____ HUS 461(6 cr) : Internships in Mental Health and Human Services
 - AND**
 - _____ HUS 462(6 cr): Internships in Mental Health and Human Services
 - OR**
 - _____ HUS 463 (12 cr): Internship in Mental Health and Human Services

- GENERAL ELECTIVES** (15 credit hours)
 - _____
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Advising Notes: Confer with your advisor about certification for adult mental health services and children’s services.

Upon Completion of the Bachelor of Science in Mental Health & Human Services, students will be granted the Mental Health Rehabilitation Technician/Community certification.

APPROVED TO RECEIVE DEGREE: Bachelor of Science, Mental Health & Human Services

Records Office

Date

College Dean

Date

Students are encouraged to contact their faculty advisor and the Advising Center for academic advising and support services throughout their stay at UMA.