

University of Maine at Augusta  
College of Natural & Social Sciences  
**Associate of Science, MENTAL HEALTH & HUMAN SERVICES**  
2009-2010 Catalog

Name:

ID#:

Date:

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**ASSOCIATE DEGREE REQUIREMENTS:**

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|--|--|
| <input type="checkbox"/> Minimum 62 Credit Hours         | <input type="checkbox"/> 15 credits hours of Residency courses |
| <input type="checkbox"/> Writing Intensive Course        | <input type="checkbox"/> 9 credits of Major Residency courses  |
| <input type="checkbox"/> Minimum Cumulative G.P.A.: 2.00 | <input type="checkbox"/> Minimum G.P.A. in the Major: 2.00     |

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**BASIC SKILLS REQUIREMENT:** All required placement examinations and/or academic assessments must be completed prior to any course registration. To ensure that students have the best possible opportunity to succeed in their major, students testing into developmental coursework are advised to **complete the recommended courses within the first semesters of attendance.**

Not Required    Recommended: ENG \_\_\_\_\_ REA \_\_\_\_\_ MAT \_\_\_\_\_    Completed

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**PROGRAM MAJOR REQUIREMENTS (28 credit hours):**

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|---|---|
| <input type="checkbox"/> HUS 101 Introduction to Social Service Systems (3) | <input type="checkbox"/> _____ <input type="checkbox"/> _____ Two of the following (6): |
| <input type="checkbox"/> PSY 330 Interviewing and Counseling (3)            | <i>HUS 125 Chemical Dependency (3)</i>  |
| <input type="checkbox"/> COL 214 Professionalism in the Workplace (1)       | <i>HUS 160 Perspectives on Infants, Toddlers, &amp; Young Children</i>                  |
| <input type="checkbox"/> HUS 204 Practicum <sup>^</sup> (6)                 | <i>HUS 212 Case Management (3)</i>  |
| <input type="checkbox"/> _____ One of the following (3):                    | <i>HUS 215 Introduction to Therapeutic Activities</i>                                   |
| <i>PSY 218 Community Mental Health Care</i>                                 | <i>HUS 224 Fundamentals of Community Practice &amp; Involvement</i>                     |
| <i>HUS 220 Child Mental Health</i>  | <i>HUS 233 Sexual Abuse and Trauma</i>  |
| <input type="checkbox"/> _____ One of the following (3):                    | <i>HUS 261 Early Childhood Curriculum</i>   |
| <i>PSY 220 Psychosocial Rehabilitation</i>                                  | <i>HUS 326 Chemical Dependency Counseling OR SSC 331</i>                                |
| <i>HUS 130 Developmental Disabilities</i>                                   | <i>Substance Abuse Counseling for Special Populations</i>                               |
| <input type="checkbox"/> _____ One of the following (3):                    | <i>PSY 350 Mental Health and Aging</i>  |
| <i>PSY 232 Crisis Counseling</i>  | <i>SOC 305 Group Process (3)</i>  |
| <i>HUS 221 Adolescent Mental Health</i>                                     |   |

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**GENERAL EDUCATION REQUIREMENTS (31 credit hours):**

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|---|---|
| <input type="checkbox"/> _____ Communications* (3)                    | <input type="checkbox"/> _____ Laboratory Science (4)           |
| <input type="checkbox"/> ENG 101 College Writing (3)                  | <input type="checkbox"/> PSY 100 Introduction to Psychology (3) |
| <input type="checkbox"/> _____ Fine Arts* (3)                         | <input type="checkbox"/> PSY 308 Human Development (3)          |
| <input type="checkbox"/> _____ One of the following (3):              | <input type="checkbox"/> SOC 101 Introduction to Sociology (3)  |
| <i>ENG 102W Introduction to Literature</i>                            | <input type="checkbox"/> SOC 201 Social Problems (3)            |
| <i>WST 101W Introduction to Women's Studies</i>                       |   |
| <input type="checkbox"/> MAT 100 Mathematics and Its Applications (3) |   |
| <i>(_____ or higher-level math course)</i>                            |   |

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**GENERAL ELECTIVES (3 credit hours):**

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**Advising Notes:**

Confer with your advisor about certification for adult mental health services and children's services.

<sup>^</sup> *Should be taken during last semester of course work*

\* *Course options listed on the back...*

**Communication**

COM 101 Public Speaking  
COM 102 Interpersonal Communications  
COM 104 Communication in Groups & Organizations  
COM 106 Oral Communication of Literature

**Fine Arts**

ARH 105 History of Art & Architecture I  
ARH 106 History of Art & Architecture II  
DRA 101 Introduction to Theatre  
DRA 265 The American Movie  
DRA 280 Introduction to Films  
INT 129 Understanding the Arts  
MUS 123 Understanding Music  
MUS 160 World Music  
MUS 180 Women and Music  
MUS 333 History & Literature of Music I  
MUS 334 History & Literature of Music II

**Laboratory Science Course**

Students must complete one science course with a laboratory component for a total of 4 credit hours.

Students are encouraged to contact their faculty advisor and the Advising Center for academic advising and support services throughout their stay at UMA.

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Approved to Receive Degree

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Records Office

Date

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College DeanDate

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