



GRADUATING STUDENT SURVEY

SPRING 2019

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Section 1: Overall Questions

	Total Respondents	142
As a recent graduate, are you the first in your immediate family (your parents and siblings) to earn a degree at your level (Associate or Bachelors)?		
Yes	66	46.5%
No, someone else in my family has the same level or higher degree	76	53.5%

How strongly do you agree or disagree with each statement, where:

1 = Strongly disagree

2 = Somewhat disagree

3 = Neither disagree nor agree

4 = Somewhat agree

5 = Strongly agree

	Total	1	2	3	4	5
Total Respondents	852	20 2.3%	8 0.9%	73 8.6%	196 23.0%	555 65.1%
If I were to pursue an advanced degree, and UMA offered it (e.g., master's), I would choose UMA.	142	6 4.2%	2 1.4%	14 9.9%	22 15.5%	98 69.0%
If I need continuing education, I would return to UMA (i.e., seminars, workshops, certifications).	142	6 4.2%	- -	12 8.5%	33 23.2%	91 64.1%
If I had to do my education over again, I would choose UMA.	142	3 2.1%	1 0.7%	12 8.5%	34 23.9%	92 64.8%
I would recommend UMA to others.	142	2 1.4%	2 1.4%	7 4.9%	28 19.7%	103 72.5%
I believe that my career success is/will be greater as a result of my UMA education.	142	- -	2 1.4%	15 10.6%	41 28.9%	84 59.2%
I believe that my UMA education was an excellent financial investment.	142	3 2.1%	1 0.7%	13 9.2%	38 26.8%	87 61.3%

Section 2: Educational Experience

Teaching and Learning

How satisfied are you with each aspect of your UMA education, where:

1 = Very unsatisfied, 2 = Somewhat unsatisfied, 3 = Neither unsatisfied nor satisfied, 4 = Somewhat satisfied, 5 = Very satisfied

	Total	1	2	3	4	5
Quality of faculty instruction	142	1 0.7%	3 2.1%	13 9.2%	57 40.1%	68 47.9%
Personal attention from faculty	142	3 2.1%	4 2.8%	17 12.0%	41 28.9%	77 54.2%
Quality of faculty career advising	142	4 2.8%	3 2.1%	28 19.7%	39 27.5%	68 47.9%
Coursework providing development of research skills	142	1 0.7%	2 1.4%	21 14.8%	42 29.6%	76 53.5%
Coursework providing theoretical perspectives in my field	142	1 0.7%	2 1.4%	15 10.6%	50 35.2%	74 52.1%
Coursework relevance to current position or career goals	142	1 0.7%	1 0.7%	15 10.6%	46 32.4%	79 55.6%
Coursework providing practical applications of material	142	- -	4 2.8%	13 9.2%	49 34.5%	76 53.5%
Breadth of course offerings	142	- -	10 7.0%	22 15.5%	52 36.6%	58 40.8%
Availability of courses in General Education	142	- -	6 4.2%	16 11.3%	44 31.0%	76 53.5%
Availability of courses in my Major	142	3 2.1%	5 3.5%	18 12.7%	50 35.2%	66 46.5%
Courses scheduled at convenient times	142	1 0.7%	4 2.8%	18 12.7%	42 29.6%	77 54.2%
Rigor of curriculum	142	- -	1 0.7%	19 13.4%	58 40.8%	64 45.1%
Overall quality of academic program	142	- -	2 1.4%	12 8.5%	48 33.8%	80 56.3%

You indicated that you are very or somewhat unsatisfied with the quality of faculty instruction. Please provide comments or reasons.

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Most instructors teach using examples and hands on and that works best for me

I had a few faculty members that just we're not so pleasant. At times being treated as if I was a burden then sincere efforts being put forth.

The professionalism of staff was less than appealing. Personal life was interrupting the learning of myself and others.

In my time at UMA I had some instructors that were professional and impactful on my education. However, the majority seemed unenthusiastic, had unrealistic expectations, outdated lectures, or acted as though instructing students was a bother. That experience left me extremely dissatisfied with my experience at UMA.

You indicated that you are very or somewhat unsatisfied with the level of personal attention from faculty. Please provide comments or reasons.

You indicated that you are very or somewhat unsatisfied with the level of personal attention from faculty. Please provide comments or reasons.

Not much attention is paid by instructors unless you reach out for it. It is very difficult with the only line or ITV classes to get it.

Over the years I have sent several emails asking to meet with my advisor. She told me, eventually, that she doesn't come to the Augusta campy so I should meet with someone else.

Again it was they way I was treated or just no effort in helping with my needs

Most professors did not make any effort to know me personally.

You indicated that you are very or somewhat unsatisfied with the quality of faculty career advising. Please provide comments or reasons.

You indicated that you are very or somewhat unsatisfied with the quality of faculty career advising. Please provide comments or reasons.

I had more issues with having an advisor my whole time at UMA. And even now feel like I am not getting help to go in the direction with my degree

When I would request help from my advisor I would rarely, if ever, receive a direct and clear answer within 2 communications.

I didn't have contact for most of my career and only through the advising center when I did

No one seemed to be able to provide me, or told me prior to my choosing of a course concentration, what would give me what upon graduation. ie; what courses would be needed for MHRTC or what I would want that for, or for LSW, CADAC, etc.

It would be great if degree program advisors reached out to students once they have applied to graduate.

You indicated that you are very or somewhat unsatisfied with your coursework providing development of research skills. Please provide comments or reasons.

You indicated that you are very or somewhat unsatisfied with your coursework providing development of research skills. Please provide comments or reasons.

I have not received a job in my field yet so I do not know how much skill I have developed.

It just wasn't a lot

I never did research while at UMA.

You indicated that you are very or somewhat unsatisfied with your coursework providing theoretical perspectives in your field. Please provide comments or reasons.

You indicated that you are very or somewhat unsatisfied with your coursework providing theoretical perspectives in your field. Please provide comments or reasons.

I have not received a job in my field yet so I do not know how much theoretical skill I have developed.

Theoretical perspectives and medicinal care of companion animals in lieu of laboratory animals is frowned upon.

Just challenging 0

You indicated that you are very or somewhat unsatisfied with coursework relevance to current position or career goals. Please provide comments or reasons.

You indicated that you are very or somewhat unsatisfied with coursework relevance to current position or career goals. Please provide comments or reasons.

I have not received a job in my field yet so I do not know how much relevance course work is to my career.

That was wrong I am very satisfied

You indicated that you are very or somewhat unsatisfied with your coursework providing practical applications of material. Please provide comments or reasons.

You indicated that you are very or somewhat unsatisfied with your coursework providing practical applications of material. Please provide comments or reasons.

I have not received a job in my field yet so I do not know how much coursework has provided practical applicatio I have developed.

Some was difficult with a person with disability

Many professors would assign work that was "busy work" rather than practical.

You indicated that you are very or somewhat unsatisfied with the breadth of course offerings. Please provide comments or reasons.

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I have not received a job in my field yet so I do not know how much breadth of course offering I have developed.

classes were not always available during a time that I could take them as I work full time and my schedule, can be limiting.

Very hard to find courses in the above 300 level. Seemed most of the course offered where in edu or nursing

Some courses that are required for my degree only have one professor that teaches it. She is a good professor who knows her stuff, but my personal learning style clashes hard with her teaching style. If there was a greater selection of professors that taught the MHHS courses so that I had more options besides just her, it would be nice.

Wish more targeted just mental illnesses.

I wish we had a wider range of course offerings. My interests vary

You indicated that you are very or somewhat unsatisfied with the breadth of course offerings. Please provide comments or reasons.

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I do not enjoy online or ITV courses. I have ADHD and I do not learn well this way. I was a distance learner near the Ellsworth Center. I began traveling to Bangor to get classes in person by good professors. Eventually I had to choose online courses, which was difficult for me. I am a non-traditional student age wise, but traditional in the sense that I want to be in a classroom learning from lectures. While I did take away interesting information and learn a lot from my courses, I felt the institution could do much better. Especially upon taking courses at UMO. However UMA and it's professors offer much more flexibility, and as a single mother I truly did appreciate that. And I do feel that for someone coming back to "school" as an adult many years after being in high school, I think it was a perfect college to attend and acclimate back into the academic lifestyle. I believe for the population for which UMA serves, it serves it well.

Would have like more selection of CIS classes. Disappointed that CIS444 was in catalog, but not offered.

UMA covered a select few programming courses, most being web related.

You indicated that you are very or somewhat unsatisfied with the availability of courses in general education. Please provide comments or reasons.

You indicated that you are very or somewhat unsatisfied with the availability of courses in general education. Please provide comments or reasons.

I have not received a job in my field yet so I do not know how much course in general will help me.

I understand the requirement for math and English classes, even if I don't particularly care for math myself. I don't understand the requirement for so many electives though. If there weren't so many elective credits required I could have graduated almost an entire year earlier. The other reason I'm not too satisfied with the availability of gen ed courses is because of the sparse number of courses available. Having a greater selection available beyond just the 100/101 beginner courses for other degrees programs would be nice.

Just wish it had more on types of mental illnesses

Greater course offerings would be appreciated.

See above.

You indicated that you are very or somewhat unsatisfied with the availability of courses in your major. Please provide comments or reasons.

You indicated that you are very or somewhat unsatisfied with the availability of courses in your major. Please provide comments or reasons.

Same as above. Also difficult to find courses in the plus three hundred level as transfer student due to preresquests requirements

Same reason

See above.

Would have like more selection of CIS classes. Disappointed that CIS444 was in catalog, but not offered.

Need to have a variety of Professors, more than just XX and XX. Neither one of them teaches you, however, both are very quick to criticize a student.

Certain classes were only available during select semesters instead of at student convenience.

You indicated that you are very or somewhat unsatisfied with the convenience course schedules. Please provide comments or reasons.

You indicated that you are very or somewhat unsatisfied with the convenience course schedules. Please provide comments or reasons.

More classes at the center in person would be better for helping students understand concepts more.

As someone who works full time, it is hard when all the classes you need to take are only offered during the day. That said, faculty were accommodating to my schedule and we made it work.

It didn't always work well with jobs.

Almost all of the night courses are at 4. People work until 5. I would have liked to have been able to attend some classes in person. There used to be way more classes at 6:45

You indicated that you are very or somewhat unsatisfied with the rigor of curriculum. Please provide comments or reasons.

You indicated that you are very or somewhat unsatisfied with the rigor of curriculum. Please provide comments or reasons.

Depended on the teacher. Some gave really hard and long hours of work

You indicated that you are very or somewhat unsatisfied with the overall quality of the academic program. Please provide comments or reasons.

You indicated that you are very or somewhat unsatisfied with the overall quality of the academic program. Please provide comments or reasons.

I have not received a job in my field yet so I do not know how much the overall quality of the program will help me.

I loved my time at UMA just had some issues

Campus Climate

How satisfied are you with each aspect of your UMA education, where:

1 = Very unsatisfied, 2 = Somewhat unsatisfied, 3 = Neither unsatisfied nor satisfied, 4 = Somewhat satisfied, 5 = Very satisfied

	Total	1	2	3	4	5
Sense of community	142	3 2.1%	4 2.8%	46 32.4%	40 28.2%	49 34.5%
Curriculum connected to community (e.g. service-learning)	142	2 1.4%	4 2.8%	40 28.2%	54 38.0%	42 29.6%
Interaction with other students	142	3 2.1%	8 5.6%	37 26.1%	44 31.0%	50 35.2%
Academically stimulating environment	142	2 1.4%	3 2.1%	33 23.2%	45 31.7%	59 41.5%

You indicated that you are very or somewhat unsatisfied with the sense of community. Please provide comments or reasons.

You indicated that you are very or somewhat unsatisfied with the sense of community. Please provide comments or reasons.

I am an online student. As there weren't any other options my answer would be low as I am not involved in any campus events.

Online classes that are not synchronized make for little interaction between students besides for assignments, which doesn't foster a sense of community.

I believe this is just a reality of a campus that serves many types of adult learners and non-traditional students. Very little sports, music groups, or social groups to become involved in.

Sometimes it was a good environment but other times it was a harsh environment.

You indicated that you are very or somewhat unsatisfied with the connection of the curriculum to the community (e.g. service-learning). Please provide comments or reasons.

You indicated that you are very or somewhat unsatisfied with the connection of the curriculum to the community (e.g. service-learning). Please provide comments or reasons.

I am an online student. As there weren't any other options my answer would be low as I am not involved in any campus events.

i do not feel as though i was connected to uma. however, i felt connected to urock. uma offered lots of things but i didn't want to go to augusta for them so i missed out on a lot. also i think more needs to be done for students who do mostly online courses, so they don't feel excluded.

You indicated that you are very or somewhat unsatisfied with interaction with other students. Please provide comments or reasons.

You indicated that you are very or somewhat unsatisfied with interaction with other students. Please provide comments or reasons.

I am an online student. As there weren't any other options my answer would be low as I am not involved in any campus events.

I've had classes where other students spend the entire class time interrupting and causing unnecessary disruptions. It's not UMA's fault but, it's extremely rude and disrespectful to the professor and the other students. It can make it hard to learn when these students are constantly acting like that. It can get pretty out of hand and can be very frustrating when I'm paying to come and learn a subject and the class can't even be conducted properly because these people are acting ridiculous.

Online classes besides posting to the discussion board lead to little interaction with other students. Dissatisfied with the use of the discussion board, as the name implies interaction and a conversation, while instead many times "posts" were more of a paper, instead of like discussions that happen within a physical classroom.

It is hard when courses are online with no connection to others

The online courses need to be more thoroughly vetted. Some require too little interaction, some require far too much.

Many other students would frequently be immature, unprofessional, or poorly motivated.

You indicated that you are very or somewhat unsatisfied with the level of stimulation of the academic environment. Please provide comments or reasons.

You indicated that you are very or somewhat unsatisfied with the level of stimulation of the academic environment. Please provide comments or reasons.

I am an online student. As there weren't any other options my answer would be low as I am not involved in any campus events.

A very dull and uninteresting environment. The campus is also very outdated.

Student Support Services

How satisfied are you with each aspect of your UMA education, where:

1 = Very unsatisfied, 2 = Somewhat unsatisfied, 3 = Neither unsatisfied nor satisfied, 4 = Somewhat satisfied, 5 = Very satisfied

	Total	1	2	3	4	5
Admission process	142	2 1.4%	4 2.8%	13 9.2%	41 28.9%	82 57.7%
Course registration process	142	2 1.4%	5 3.5%	15 10.6%	41 28.9%	79 55.6%
Financial aid services (not the amount of financial aid received)	142	2 1.4%	2 1.4%	30 21.1%	38 26.8%	70 49.3%
Billing and payment process	142	2 1.4%	2 1.4%	26 18.3%	45 31.7%	67 47.2%
Adequacy of facilities (e.g. labs, computers, building conditions)	142	3 2.1%	6 4.2%	29 20.4%	35 24.6%	69 48.6%
Academic advising through Advising Center staff	142	2 1.4%	5 3.5%	31 21.8%	33 23.2%	71 50.0%
Learning support services (e.g. writing, math tutoring, TRIO)	142	1 0.7%	2 1.4%	46 32.4%	35 24.6%	58 40.8%
Library's ability to meet academic needs	142	1 0.7%	- -	32 22.5%	48 33.8%	61 43.0%

You indicated that you are very or somewhat unsatisfied with the admission process. Please provide comments or reasons.

You indicated that you are very or somewhat unsatisfied with the admission process. Please provide comments or reasons.

I was accepted, so it was good.

Often delayed. Paperwork not in sync with deadlines

Trying to find courses thru Maine street is a joke. Some classes you'd never know we're unless you literally enter the class numbers. Takes forever to load. Ect. Stop relaying so heavily on the internet.

You indicated that you are very or somewhat unsatisfied with the course registration process. Please provide comments or reasons.

You indicated that you are very or somewhat unsatisfied with the course registration process. Please provide comments or reasons.

I mostly did this on my own and it was easy to understand.

See above mainst is dumb

The automated enrollment system typically would never enroll me requiring me to have my advisor manually enroll me in desired classes.

You indicated that you are very or somewhat unsatisfied with the financial aid services (not the amount of financial aid received). Please provide comments or reasons.

You indicated that you are very or somewhat unsatisfied with the financial aid services (not the amount of financial aid received). Please provide comments or reasons.

I had no issues with financial aid.

N/a

You indicated that you are very or somewhat unsatisfied with the billing and payment process. Please provide comments or reasons.

You indicated that you are very or somewhat unsatisfied with the billing and payment process. Please provide comments or reasons.

During a Summer semester I wasn't aware that I had qualified for financial aid as it didn't show up on my Financial Aid Information through Student Center. The course I needed to graduate was only available during the summer or I would have taken it a different semester using my Grant money. I had already set up a payment plan account and had paid the fee and the first installment when I was alerted that I had financial aid for the summer. Upon contacting the University I was told that I would not be getting my full refund sent back to me even though that information was not available to me at the time of my enrollment.

No issues with this process.

Difficult too see what you are being charged for

You indicated that you are very or somewhat unsatisfied with the adequacy of facilities (e.g. labs, computers, building conditions). Please provide comments or reasons.

You indicated that you are very or somewhat unsatisfied with the adequacy of facilities (e.g. labs, computers, building conditions). Please provide comments or reasons.

Never really used any of these things.

UMA needs to up its resources to the art department. Funds to pay for live models and/or adjustable manikins and other resources the faculty deems needed. School should work with art material suppliers for discounts to students. It just seemed the department lacking in support by administration. I understand programs need to meet budget however adequate and inspiring space / studio space for students would be helpful. Recommend someone from UMA's administration visit MECA as well as look at continuing education classes they offer.

Facilities seemed completely outdated and didn't instill a desire to spend time on campus.

The building's condition looks terrible. Some classrooms are also freezing, others sweltering, and the roof leaks in the Katz building. The computers are fine because they get updated routinely.

I speak of the local center. I do think it has come a long way in the last decade.

The music departments facilities are somewhat lackluster. While improvements were made while I was there, sound proof practice rooms, more updated classrooms and an updated computer lab would be some nice improvements to the music department.

Need more labs at centers

You indicated that you are very or somewhat unsatisfied with the academic advising through the advising center staff . Please provide comments or reasons.

You indicated that you are very or somewhat unsatisfied with the academic advising through the advising center staff . Please provide comments or reasons.

My advising was messed up and as a result I took an extra course that did not contribute towards my degree progress, causing me to have to add a last-minute independent study that cost me an additional \$800

I feel as though I could have had more support from my advisor. An example: I did not know when to apply for graduation

I was provided with no direction or support.

N/a

My personal advisor was unable to answer questions and often failed to follow up with me when he stated he would. Also emailed me addressing me by the incorrect name at times.

Unfriendly and unwilling to help.

You indicated that you are very or somewhat unsatisfied with the learning support services (e.g. writing, math tutoring, cornerstone). Please provide comments or reasons.

You indicated that you are very or somewhat unsatisfied with the learning support services (e.g. writing, math tutoring, cornerstone). Please provide comments or reasons.

There was no tutoring, or inadequate tutoring available at my location for some courses I struggled with. I had to find my own help, or withdraw from the course. Chemistry & Statistics.

What, if any, were the greatest academic and personal obstacle(s) you had to overcome to earn your degree?**What, if any, were the greatest academic and personal obstacle(s) you had to overcome to earn your degree?**

Balance work and school as well as personal struggles around depression and anxiety

I had to maintain a good GPA to get into the program and two jobs all while paying bills.

I had many personal issues come up during my five years at UMA, sickness and loss of loved ones. The Ellsworth center staff was there to help me get through my schooling without dropping out. I consider each and every person at UMA Ellsworth my family and I am sad to be leaving.

Completing my degree while working full time, having three boys with special needs, and taking care of my farm.

Family/personal/money issues where I had to take a semester off when transferring. Also several of my credits from UMPI wouldn't transfer over to UMA and I had to fight for several years to get UMA to accept them. Or the credit would change when it transferred and didn't count under the same subject.

I have a hearing loss, so one obstacle was the seating but live courses were usually small and personable enough to allow me to interact with the faculty/staff. They took the interest in my disability to address me directly as needed. I hoped that there would be more courses in the area of AD and Microsoft certifications.

My greatest obstacle was attempting to meet math requirements. After four unsuccessful attempts, I had to ask for a dispensation to take a substitute course to meet the academic requirement,

Balancing between work and school. UMA helped me do that by their flexible class schedules.

Working full time and raising three kids under the age of 15.

Academically, it was learning to learn online and personally, my job and family care taking duties.

As a working mother, I was able to complete my degree part time and mostly online. UMA fit my needs.

Myself, basically. I had a hard time motivating and accomplishing my work but i pushed through thanks to support from my wife and her family as well as XX, my advisor

Time management

Personally I had to overcome working three jobs and maintaining my status as a full time student with my GPA meeting my scholarship requirements. While this was challenging, UMA's flexible schedules and online courses allowed me to do both and succeed.

A professor who was set to fail us all, but never taught the material, and when I tore my meniscus and MCL in my knee causing me difficulty to attend classes and complete assignments right before finals.

Money.

I bought a house during the course and maintained a full time, 40hr/week job

There weren't really academic obstacles, just personal obstacles. I had to rebuild myself as a person after years of suffering from lyme disease.

I had some learning difficulties as a child and I over came them.

What, if any, were the greatest academic and personal obstacle(s) you had to overcome to earn your degree?**What, if any, were the greatest academic and personal obstacle(s) you had to overcome to earn your degree?**

Math was my greatest academic obstacle because it was the last course I needed to complete my degree and my least favorite subject. My negative opinion of math made it a barrier between me and my goal. I was convinced that it would significantly lower my GPA. However, the barrier was transformed into a challenge with the help of a wonderful tutor and a great instructor. I currently have a B+ in Statistics going into the final exam. My personal obstacle was time because of a full plate of family responsibilities. Many times, online classes were a perfect fit for me.

I had many personal obstacles such as moving three times during my two years at UMA, and a suicide attempt of my son. The faculty was terrific in working with me and understanding my situations.

Not being tech savvy

I personally had to overcome tiredness from driving over 20 hours a week to Bangor as they are the only facility to house the Vet Tech program. In lieu of driving and course work (>60 hours a week), I managed to make Deans list each semester and was offered jobs at both of my externships. The hard work and exhaustion paid off.

Balancing school with working full-time

Walking back through admission doors after 8 year break from school and faculty treated me as if I never left and helped me get back on track to finish my degree.

Working full time, children, husband had a stroke, heart attack, and later a ruptured brain aneurysm.

Time commitment of schoolwork competing with work and family. Online learning availability was paramount.

Writing papers was difficult for me.

Being out of school for 30 years

transportation was difficult. It would have been more convenient for me if there had been lunch available at campus.

Money would have to be number one. I wasn't given the proper direction as now I have maxed out my student loans. If I had known earlier I could have volunteered for classes, I would have done things differently. Working full time did not help either.

Working full-time with classes only offered during the day, no evening. However as I noted before, faculty were very accommodating. Also had a supportive boss.

Financial and balance of full time work and family.

Working full time and having a family was a challenge while attending Thomas College. At UMA the transition was easy and the the biggest benefit was the ITV classes offered as this flexibility allowed me to complete my degree while working and spending time with family.

it was tuff at times being a single mother and working full time.

Reaching out to professors that felt I should know what to do, making me feel like I was not knowledgeable of what I should know, doing coursing on line is difficult when the professor states you should know something without explaining it, not a lot of support

Working full time and having discipline

What, if any, were the greatest academic and personal obstacle(s) you had to overcome to earn your degree?**What, if any, were the greatest academic and personal obstacle(s) you had to overcome to earn your degree?**

I went from juggling a full time job as a single mother and taking two classes at a time, to a married with two children, full time working mother. I then became pregnant and had a child, bought/sold a house, got laid off from work, found a new job, my grandmother died, and all the while was still taking classes. I graduated from high school in 1994 - 25 years ago, and it's been a long and bumpy ride. I did it and am so proud of myself!!

Finding an Internship

For me working around my full time job was my biggest obstacle but online classes made that so manageable!

Finding classes to take that would fit for my degree

Finding enough time in the day.

Unsure

Transportation was a major obstacle for a while. Until I could start using my student ID as a free bus pass for the local public transportation system. Math is another huge obstacle for me. I just don't understand why my MHHS degree requires such a high math class for a non-math degree. Housing was also an intense issue for a while. At one point I found myself homeless and was very afraid I wasn't going to be able to continue attending UMA anymore. Fortunately, I had a good friend that was willing to take me in a help me while I got back up on my feet. The last major obstacle that challenged my degree was my finances. As a fulltime student throughout most of my academic career, I found myself going without things like food and clean clothes so that I could afford my education.

Getting into the clinical portion of the dental hygiene program... however, I don't feel that this process needs adjustment, as the course is appropriately rigorous and should be a challenge to get into.

Being a poor, single parent

Working 60 plus hours and meeting the demands of the classes.

Going back to college at the age of 30, trying to work, raise kids, support a disabled spouse, and complete a very intense clinical program an hour away from home made earning this degree very challenging.

Learning new language of things like in math, it is not taught the way I learned it many years ago. It was a huge challenge.

Returning to the University, following an extended break.

Time management for somepne who has a family and a full time job

Learning how to study and make time after being out of school for 14 years.

Trying to stay on track taking classes online since there are barely any 6:45 classes available.

By being able to achieve my bachelors degree in liberal studies and my Birth-5 Early Childhood Education Certificate both in two years while working 40 hours.

I have a disability. I began at age 45 and it may have taken me 9 years to complete a degree, but I did it! Thank you to the many wonderful Professor's!

time management as a working mother

What, if any, were the greatest academic and personal obstacle(s) you had to overcome to earn your degree?**What, if any, were the greatest academic and personal obstacle(s) you had to overcome to earn your degree?**

I had to overcome past academic struggles, clinical depression, and working full-time while pursuing my degree. There was a lot of intrinsic pressure to do well, and I feel that I did despite the challenges I had to overcome.

Learning to reach out for help.

Disengaged instructors.

Math and Science were my hardest subjects. School became a second home, however, I struggled with depression and often used UMA as a way to distract my mind. It tested me and shaped me in many ways. I have grown so much since I started here in Fall 2013.

Being very disciplined since I did most of my classes online and had minimum interaction from other students

Balance of life with school

Prior to UMA, I struggled with Math, but Professor XX was very approachable with his teaching methods and worked with me until I successfully completed Math 101. The staff at UMA was open to all view points and as a student with a minor in American Studies, this was especially welcome. As a veteran and as someone with a more conservative views, I appreciated the open minded attitudes of all my Professors and their willingness to weigh both sides of any social issues.

I worked full-time while taking 12 credits per semester in addition to having a family.

I have a learning disability and graduating top of my class in dental hygiene was the biggest obstacle I have ever conquered. It was so difficult to keep up and I had to put in so much more than my peers. Also my ex husband trying to take my children away and needing to go to court all the time was a huge mental obstacle to stay on course. many many obstacles to overcome to get to where I am today

Making time to do the work

Having a mild learning disability I found certain classes to be harder then an average person may have felt like. Specifically my math and biology were hard, but with the support of tutoring, professors, and my family I got through my classes.

I was online student. I hoped this method if learning would be more flexible. It wasn't. Teachers were rigid with due dates and typically weren't willing to work with me when personal matter came up. (ie. Childcare, work, etc)

my mother battled cancer and then passed away while i was in school. i also worked 45 hours a week. i had to work hard to do online courses, they are a bit ridiculous in terms of busy work and what you're made to do to prove you're learning.

What, if any, were the greatest academic and personal obstacle(s) you had to overcome to earn your degree?**What, if any, were the greatest academic and personal obstacle(s) you had to overcome to earn your degree?**

Personal family issues, and the old tapes and programming in my own mind, as well as negative comments by professor in my field of study. I was a straight A student. And then hit a wall. I had a break up of a long term relationship, my brother got cancer, my troubled teenage son come to live with me, & my mother had a psychotic break, back to back to back.... You can see when you look at my transcripts that something was happening. My GPA too a severe hit. I even saw a therapist on the Bangor Campus. But NO ONE reached out to me from advising or any of the campuses to advise me on what to do, to offer support, or help me formulate a plan. To top it off professor XX whom I believe I took Case Management with, really talked down the field. She basically made me think that there would be no place for a single mother in the field by generalized statements about the field that greatly contradicted my goals and dreams. Now I know that case management is but a small part of what is available to me in MHH field. And I can use my degree creatively in a meaningful way to my community and a way that will work for my family. At the time tho, being in such a emotionally challenging and fragile place, I was derailed and felt defeated by her comments and negativity. Then there was the pre internship. It was so disorganized, and at the time only available online for my location, which was not a good fit for me. Not truly (even tho I did get an A) understanding what I was responsible for, it made finding and starting both my internships difficult. I definitely needed more support from the institution, and I think had I been on he Augusta campus, or perhaps even the Bangor Campus, I would have received it, and my experience would have been very different. I do want to say that I truly did appreciate and love almost every professor I took courses with. I did learn a great deal, and I do feel that with my personal experience, my education, and my degree to back me, I will be a strong force in my community and at large. But, I am not the norm, I break and defy stereotypes and generational dysfunction, and others coming from similar circumstances may not have completed their degree at all. Serious improvements need to be made.

The greatest obstacles were the face to face meetings for online course work. It was difficult to schedule around my current job

My biggest obstacle was learning my own learning style. I had lots of help from the math department from XX and from Trio. If somebody doesn't cut it at UMA it is their own fault, the resources are there.

My lack of computer skills. I was not brought up with a computer and it is a frustration to me.

Personal growth, self esteem, family schedule, family emergencies during busy academic schedule.

I had to do all of my classes online because I am a caregiver 24/7 for my disabled adult son. I had to be so very disciplined in order to finish, it was very hard. I wanted to give up several times. Allowing classes from other college locations like USM helped a lot! The variety of choices was so important to me finishing.

Finishing my CIS333 when the server went down. This was a MAJOR inconvenience.

My greatest personal obstacles to overcome was my health. During my education at UMA, I was hospitalized, had multiple surgeries, and countless days where I was unable to attend. The professors and other staff made it possible for me to complete my work, view their lectures online from home, and did everything possible to make sure that I was capable of finishing my degree. I will forever be grateful for everything they did for me.

A big hurdle for me was transferring credits from another school (Maine Maritime Academy) where I had earned a degree. Originally I was informed that all my gen eds were taken care of because I already had a degree, but within the last year of my coursework I was informed that that had not happened and my advisor and myself had to match courses from MMA to fit UMA's requirements and I came up short. I still need to take a CLEP exam to satisfy my gen ed requirements. Financially affording school was a challenge, more scholarship opportunities for students pursuing a second degree would be really helpful!

Working full time while going to school, also going to school and not really knowing what I wanted to go for

What, if any, were the greatest academic and personal obstacle(s) you had to overcome to earn your degree?**What, if any, were the greatest academic and personal obstacle(s) you had to overcome to earn your degree?**

As a working mom of a special needs child (and for the last several years of my studies, a single parent), the greatest personal obstacles that I had to overcome were monetary and time resources.

Lack of childcare and challenge of balancing family

Working full time, raising my son, and doing school was challenging but UMA made it possible with online classes. Doing an internship while working full time was the most difficult.

My greatest challenges involved balancing my career, family, and schoolwork which involved developing a level of self-discipline that did not allow me much unplanned free time. During my time at UMA I navigated illness, accidents, and personal issues while continuing to attend classes. I feel that this was an amazing opportunity for personal growth in addition to all that I was learning in class.

Only offering certain courses in the spring or fall, it makes it very easy to get off track if a class is missed and it is only offered once a year. Lack of history courses that met the requirements for a degree minor. Or only have a course to choose in order to meet those requirements. For example, I needed a 400 level course to complete my minor and only one was offered. It would have been nice to have a choice as not all areas of history are liked by everyone.

The dental hygiene program has long hours Monday through Friday, and it was hard to balance working and being a single mom. The hours are needed and beneficial. At times I was unable to work because of the course work.

On a personal level, I have a serious health condition that continued to get worse as I tried to earn my degree.

In the beginning it was critical to set and follow good study habits.

Availability of major program courses.

being a single parent and running a house hold. dealing with vehicle issues. dealing with many disabilities

Balancing outside work, family commitments, etc and study/educational work time.

Working 40 hours while attending school.

One instructor lacked communication and often complained she didn't have an assistant, I researched how many classes she taught and often looked for an alternative for another professor but she was the only one available. I feel this lack of communication prevented me from getting more from this required class.

Making time for and coordinating rehearsals with other students for recitals, juries, and senior projects. Meeting deadlines for term papers.

Section 3: Learning Outcomes

How strongly do you disagree or agree that your UMA education developed your knowledge, skills, and abilities in each area where:

1 = Strongly disagree, 2 = Disagree, 3 = Neither disagree or agree, 4 = Agree, 5 = Strongly agree

	Total	1	2	3	4	5
Reading texts critically	142	- -	3 2.1%	19 13.4%	40 28.2%	80 56.3%
Writing clearly and effectively	142	1 0.7%	2 1.4%	18 12.7%	42 29.6%	79 55.6%
Speaking clearly and effectively	142	1 0.7%	- -	30 21.1%	39 27.5%	72 50.7%
Analyzing numerical and statistical information	142	- -	4 2.8%	31 21.8%	55 38.7%	52 36.6%
Formulating more creative/original ideas	142	- -	1 0.7%	29 20.4%	45 31.7%	67 47.2%
Defining and solving problems effectively	142	- -	1 0.7%	18 12.7%	47 33.1%	76 53.5%
Working independently	142	1 0.7%	1 0.7%	12 8.5%	35 24.6%	93 65.5%
Working more productively at my current job	142	1 0.7%	- -	37 26.1%	40 28.2%	64 45.1%

Learning Outcomes (continued)

How strongly do you disagree or agree that your UMA education developed your knowledge, skills, and abilities in each area where:

1 = Strongly disagree, 2 = Disagree, 3 = Neither disagree or agree, 4 = Agree, 5 = Strongly agree

	Total	1	2	3	4	5
Developing better knowledge in my field of study	142	1 0.7%	- -	11 7.7%	34 23.9%	96 67.6%
Being a productive team member	142	1 0.7%	1 0.7%	20 14.1%	44 31.0%	76 53.5%
Thinking analytically	142	- -	2 1.4%	16 11.3%	44 31.0%	80 56.3%
Leading a group effectively	142	1 0.7%	2 1.4%	32 22.5%	45 31.7%	62 43.7%
Using information technology	142	- -	- -	26 18.3%	43 30.3%	73 51.4%
Improving interpersonal skills	142	1 0.7%	1 0.7%	24 16.9%	43 30.3%	73 51.4%
Understanding people of other cultural backgrounds. (economic, racial/ethnic, political, religious, nationality, etc.)	142	- -	3 2.1%	23 16.2%	45 31.7%	71 50.0%
Understanding my professional responsibilities and obligations	142	1 0.7%	1 0.7%	17 12.0%	42 29.6%	81 57.0%

	Total Respondents	142
Now, thinking back to when you started your UMA education, would you say that it took more time than expected, the same amount of time as expected or less time than expected to earn your degree?		
More time than expected	61	43.0%
Same amount of time as expected	67	47.2%
Less time than expected	14	9.9%

What was the most significant factor preventing you from completing your degree program sooner?

What was the most significant factor preventing you from completing your degree program sooner?

There was no Education major when I started, so I had to create a minor adding more classes to my schedule to complete both degrees.

Personal life. Working full time and being a mom of 3

Credits didn't transfer over equally and I had to re-take to earn credits in subjects I had already completed.

I work full time+; finding the time was the hardest part.

My work/ life balance and needs.

I took a break to have kids, and then had to go back part time.

I could only really handle 3 courses at a time

My children

I took only 4 classes per semester, which set me behind a semester. Then when I received my associates degree, I switched to a bachelors and was also extended another semester for only taking 4 to 5 classes. The course loads were too heavy to take more than 4 classes. When I took 5, I almost burned out.

Classes not offered often enough

A combination of myself not having direction early and not receiving the best advising from the advising center - for example, I did not understand what sequences were, so I took HTY104 and HTY106, so I had 2 history classes, but they weren't in the same sequence which caused me a lot of headaches.

I chose to take more time to complete my degree due to personal obligations. I am guardian to my brother who has developmental disabilities and supporting his needs is a huge commitment of my time. Also it was more important to me to do well, so I'm okay with it taking longer. And it paid off, I'll be graduating with honors.

life circumstances

What was the most significant factor preventing you from completing your degree program sooner?**What was the most significant factor preventing you from completing your degree program sooner?**

Husband's health

I needed to work full time and only take two courses a semester

I was not aware that senior seminars were only offered in the Spring semester. I had hoped to graduate Dec. 2018

Finances and time

When Classes are offered.

my job

personal life and finances

Full time job along with the constant change of the requirements for the degree.

I was misled when I got accepted and had to complete more gen ed classes than needed so instead of completing my degree in three years it took 4.

Had nothing to do with UMA, it was a situation in my personal life

Not fully understanding the process for how acceptance into the dental hygiene program works. When I applied and was accepted to UMA I thought I was guaranteed a seat in the clinical portion of the program and that is not true. Although I did get in and complete the program (woohoo!), I wish the process had been more clear from the start.

Struggled with math so long

I took an extended break from the University.

Health issues and full time job

Working full time with small children at home.

My disability, I was hospitalized and could not finish an internship in 2015. I changed my major in order to finish.

Not understanding how to study and work hard

a job and classes

UMA did not accept nearly as many courses from SMCC as I was initially told they would.

My mental health slowed me down tremendously, as well as changing my degree program a few times.

Life Events

I was advised to enter the applied science program, which proved to be very limited when applying for a job. I find that I always had to explain my degree. Therefore to make myself more marketable, I decided to pursue a degree in business administration which lengthen my course work and requiring taking additional courses.

Life struggle.

Life changes

My motivation to balance a full time course load and a full time job prevented me from finishing earlier than I did.

What was the most significant factor preventing you from completing your degree program sooner?**What was the most significant factor preventing you from completing your degree program sooner?**

Taking one class at a time

Changed my major

Availability of online classes. Flexibility of those classes

Wait list

depression and lack of motivation from my mother dying.

I already spoke to this in another field

Certain courses were not available on all semesters

not enough time to do everything

Family emergencies making it too difficult to complete full time course work.

Family challenges, unexpected deaths and births.

Frequently changing degree requirements, thus taking classes I didn't necessarily need to take. Also not getting all my gen eds transferred from my last degree.

Not being passionate about being there

Life! Challenging life events during my education included multiple hospitalizations/surgeries, the birth of a second child, the demands of working/raising a family, going through a divorce.

Working at the same time.

Work and money

Availability of classes and difficulty obtaining internship

disabilities

Working 40 hours a week.

Having to retake classes because of the professor, only to find I had to work with that professor because there wasn't any other available

What, if anything, could UMA have done to better support you in completing your degree program sooner?**What, if anything, could UMA have done to better support you in completing your degree program sooner?**

Towards the end I needed certain classes I wish they were offered in both the spring and fall so that my schedule would have worked out better. I instead had to take a summer class to avoid another year of school.

Make transferring credits more equal between campuses.

Maybe offering more courses throughout the year, and not just certain courses at certain times of the year.

Advised me against getting my Associates and going straight for my Bachelors.

Nothing.

Not much, it was mainly just that my schedule only allowed 3 classes at a time instead of 4 like i would have preferred

Honestly, nothing,

I loved most all of my classes; however, there was just some general electives and extra classes that weren't as necessary to me as my core classes. Overall, with getting two degrees at UMA, most all my classes were useful to me. But by the time I went for my bachelors, it felt unnecessary to take general electives that got me stuck in the only classes that were being offer that I could take.

Offer more classes/ semester or be more flexible in letting classes be substituted, as I could have gone during summer term

I am pretty happy with the support given to me while attending UMA at Rockland. I appreciate everything they have done for me. To me, achieving my goal of a degree is more important than the length of time it took.

no

Not really. Guidance or coaching might've helped, but it was a series of life-altering events.

Maybe offer more money so I could have backed off working.

Offered more night classes.

Not much the system could do since it was mostly personable, but I think working in Maine and living in Maine my whole life should have had a little bit better financial assistance

Making minor changes to the requirements for the degree, granted it has been better the last few years.

Have better advisors who know what they are doing. Things in the vet tech program were so unorganized.

Maybe a portion of the dental hygiene open house could cover the admissions process? It's not enough to say "take these classes and do well in them," when what I really wish I had known was that finishing those classes is not a guarantee. I also wish I had been more informed about how to obtain a BS in dental hygiene since it takes an additional year after graduation to complete it and the classes cannot be taken prior to starting the clinical portion. I realize that much of this information is available to anyone with a bit of digging, but it's a challenge to make sense of it until you are immersed in the program and understand how things work within it and by then it doesn't matter.

Let students take math classes with out so many prerequisites in place. Having to take classes without credits is hard when the degree program already requires so many

nothing

What, if anything, could UMA have done to better support you in completing your degree program sooner?**What, if anything, could UMA have done to better support you in completing your degree program sooner?**

Nothing

Teaching students how to learn

Provide better academic advisement/mentoring.

Met with me initially to create a plan of action and then visit it each semester.

N/A

Provide better advising by asking questions about my background and work experience so that I could have been steered in the right direction with respect to my degree. I had quite a lot of work related experience related to my degree and unfortunately I was not offered the opportunity to use those to my advantage by getting credit for them

I would've completed 2009.

Nothing

Short of giving me more credits for prior education, I dot think UMA could have done more than they did to help me complete my classes any earlier than I did.

N/A

Standardized online learning

no. everyone at urock really helped me and was so kind. professors i contacted were nice and the free counseling at uma was good. i do think the school counselors should go to different uma centers maybe once a month bc not everyone wants to drive to uma. it would help a lot of people gain mental healthcare.

I already spoke to this in another field. However, I wish my advisors had reached out to me. I wish that I had felt more informed and more supported. After the enrollment process, and some curriculum designed to help older students returning to school, I truly felt out there on my own.

More availability

Nothing

No

Helping me figure out all the courses I need to take, and design each semester ahead of time to best make use of time and money.

N/a

Probably not much; the flexibility of online courses allowed me to manage my time pretty efficiently.

Offer more physical attending courses at more times.

there wasn't anything they could do but support me

I would have liked to been offered an internship

Section 4: Career Development

	Total Respondents	100
Which of the following UMA career services for students are you aware of? (Please select all that apply)		
Career development workshops		50
Online job postings		53
Job interview preparation and negotiations		40
Instruction on how to conduct a job search		28
Resume preparation and writing service		63
Career/Personality Assessment completion (Myers-Briggs Type Indicator, Strengthsfinder)		33
Graduate school preparation		30
Online career exploration system (UMA CareerLink)		40

For each of those student career services that you are aware of, which ones have you used in the past 12 months? (Please select all that apply)

Online job postings	25
Resume preparation and writing service	24
Job interview preparation and negotiations	9
Career development workshops	6
Career/Personality Assessment completion (Strong Interest Inventory and/or Myers-Briggs Type Indicator)	6
Instruction on how to conduct a job search	5
Online career exploration system (Choices or SIGI - System of Integrated Guidance and Information)	5
Graduate school preparation	2

For each of those student career services that you have used in the past 12 months, how useful did you find each service, where:

1 = Not at all useful, 2 = Not very useful, 3 = Somewhat useful, and 4 = Very useful

	Total	1	2	3	4
Career development workshops	6	- -	- -	1 16.7%	5 83.3%
Online job postings	25	1 4.0%	1 4.0%	11 44.0%	12 48.0%
Job interview preparation and negotiations	9	- -	- -	2 22.2%	7 77.8%
Instruction on how to conduct a job search	5	- -	- -	1 20.0%	4 80.0%
Resume preparation and writing service	24	- -	- -	4 16.7%	20 83.3%
Career/Personality Assessment completion (Strong Interest Inventory and/or Myers-Briggs Type Indicator)	6	- -	- -	3 50.0%	3 50.0%
Graduate school preparation	2	- -	- -	- -	2 100.0%
Online career exploration system (Choices or SIGI - System of Integrated Guidance and Information)	5	- -	1 20.0%	2 40.0%	2 40.0%

	Total Respondents	142
How do you expect to make use of your UMA education in the next year? (Please select all that apply)		
To advance in my current field		74
To get a job different from my current field of work		58
To be more productive at my current job		45
To qualify for additional education		41
Other		18
To satisfy a requirement for my current job		16
To start a business		8
Do not plan to utilize my UMA degree or certificate		2

Other (please specify):**Other (please specify):**

To satisfy a requirement for a law enforcement job

to get a job related to my UMA education

to obtain a job

Part of my current job is graphic design. I would like to do more in the art field.

attend an MSN program in the fall

Woul like to teach at the college level

Work as a licensed vet tech rather than a vet assistant

To get a job in my field

i'm staying with my current job for one year and then moving home to texas go get any job.

I will use it to help create positive, forward change in the field.

Find a job that I am interested in

Can now find a job with my degree, my 23 years of management experience means something.

hoping to start up program to help teens

Total Respondents		142
Are you currently employed?		
Yes	108	76.1%
No	34	23.9%

Total Respondents		108
Are you working in your field of study?		
Yes	63	58.3%
No	45	41.7%

Total Respondents		45
What are the reasons for not working in your field of study? (Please select all that apply)		
Currently employed in a different field from my study	36	
Currently seeking employment in my field	18	
No special circumstance	8	
Pending fulfillment of licensure requirements	5	
Continuing education at University of Maine at Augusta	4	
Health related situation	1	
Family emergency	1	
Job relocated/transferred	1	
Continuing education at a different institution	1	
Unemployed	1	

Total Respondents		108
Since enrolling at UMA, have you received an increase in salary due to your education?		
Yes	27	25.0%
No	81	75.0%

Total Respondents 108	
What field are you working in?	
Social/Human/Mental Services	14 13.0%
Other	12 11.1%
Business/Management	9 8.3%
Computer/IT	9 8.3%
Nursing	8 7.4%
Education	7 6.5%
Medical	7 6.5%
Hospitality/Food Service	6 5.6%
Clerical/Administrative Support	5 4.6%
Accounting	4 3.7%
Legal/Justice	4 3.7%
Library Services	4 3.7%
Retail	4 3.7%
Veterinary/Animal Medicine	4 3.7%
Dental	3 2.8%
Finance	2 1.9%
Sales/Marketing	2 1.9%
Architecture	1 0.9%

Total Respondents 108	
Art	1 0.9%
Labor/Construction	1 0.9%
Technical/Science/Engineering	1 0.9%

If other, please specify:**If other, please specify:**

BHP1

Package Handling

Civil service, Ocean Rescue Summer Lifeguard

Aviation

Dual role - part graphic/web designer part database manager part overseer of member gpo

Executive Assistant Maine Municipal Association

Insurance

Student worker/ Administrative Aid at UMA

Security

Self employed Multi Level Marketing

I'm doing yardwork for people, because I graduated two days ago but I have a job offer and I'm waiti

I'm self-employed and working on building a small business.

What is your current personal annual salary before taxes? (Base salary, not including bonuses or incentives)

What is your current personal annual salary before taxes? (Base salary, not including bonuses or incentives)
17
50,000
15,000
I am a long term Sub making \$185. a day
38,500
24,000
17,000/year
58,600.00
13780
37000
6240
45,000
42k
19088
31,750
23000
30,000
62,000
50,000
31,247
None of your business
41,600
56,000/ year
48,000
37814
36,000
66000
\$48,500
Non-Salaried
30,000
45
85000
\$38,000
23000
52,000

What is your current personal annual salary before taxes? (Base salary, not including bonuses or incentives)

What is your current personal annual salary before taxes? (Base salary, not including bonuses or incentives)
\$7800
68,640
55,000
\$12,000
30,000
self - employed so it varies
40000
42800
52k
12000
32,000
12000, part time only
60,000.00
38,000
42,500
~\$31,000
17,000
25000
40,000
\$37,000
54,800
77887
Not known yet. In the process of moving up a position and don't know the pay
64,000
30,000
60,000
55,000
Approx 34,200
Around \$20k last year was my biggest year of my self employment
62,000
varies depending on # of clients
\$23160.
44000
40,000
65K

What is your current personal annual salary before taxes? (Base salary, not including bonuses or incentives)

What is your current personal annual salary before taxes? (Base salary, not including bonuses or incentives)

30000

42,000

20,000

78000

6,800 averaging 7 hours a week

\$5000

N/A

31000

41000

\$35000

\$50,000

35,000

38,000

Section 5: Alumni Relations**Total Respondents 96**

If the following services and opportunities had been available during the course of your study, would you have utilized them to obtain employment or advance your career? (Please select all that apply)	
Job shadowing	56
Graduate school advisement/networking	47
Internships with alumni	44
Alumni mentoring	31
Alumni and or career connections websites	27
Informal interviews	25
Alumni guest speaker in classroom	19
Alumni panel for career programs	12

Total Respondents 89

Which, if any, of the following alumni activities would you be interested in participating in or contributing to as a new UMA alumnus or alumnae? (Please select all that apply)	
Attending a speaker series related to your degree or certificate	51
Providing a brief update on your career, educational, and personal advancement for alumni newsletter	42
Attending off-campus events (e.g. cruises and sporting events)	39
Participating in alumni events hosted at your local campus or center	39
Attending networking events co-hosted with local business and associations	28
Attending alumni social receptions	25
Volunteering at fundraising events	25
Participating in focus groups regarding alumni services	21
Attending cultural events showcasing alumni art and music talents	20
Serving on the Alumni Board	20
Interviewing with the Alumni Office for an alumni newsletter article	16
Creating alumni chapters at your local campus or center	8
Volunteering for building alumni network via phone (e.g.: phonathon)	8

Total Respondents 142

Which of the following would be your preferred method of communication from UMA following graduation? (Please select all that apply)	
E-mail	129
Mail	45
Telephone	14
Do not contact	4